



# 7 H&S RED RULES

**\*\* IMPORTANT \*\***

Not following any of these **7 RED RULES** could kill.

## I will...

1. use proper **fall protection/prevention** equipment when working at heights
2. follow the **Lockout/Isolation** procedures when working, maintaining, cleaning or inspecting equipment
3. respect the rules for entering and/or working in **confined spaces**
4. respect safety distances and the **Load Handling rules** at all times
5. respect all **traffic rules** and **safety distances** with vehicles and trains
6. respect the rules for entering and/or working in **Hazardous Gas Areas**
7. not disable **safety devices**

**My Health & Safety is “not negotiable”**

